

*There is an old Chinese proverb that says "Give a man a fish and he will eat for a day. Teach a man to fish and he will eat for a lifetime." This proverb makes a very important point; that education is a vital key to our long-term survival.*

*This is why we are building all our programs around appropriate health education, not class room lectures but practical*

*education that will ultimately empower people at the family and village level. This is the coalface where a huge difference in health and well-being can be made.*

*We have made a positive start to 2010; please continue to stand with us as we work towards sending four teams this year and establishing our new project in Zimbabwe.*



Jason James  
Executive Director

## Containers of Hope 2010

On February 6th, we had our final packing day at our storage site in Wandi. Many thanks to the 15 volunteers who helped sort and pack hundreds of boxes of donated supplies.

The two containers are now full and will be setting sail from Fremantle on March 6th. They should arrive in Bulawayo by the end of April. We ask you to pray with for the customs clearance process in Zimbabwe. We have good contacts on the ground who will help keep costs to a minimum.

Containers of Hope 2010 is a joint project between Cosmos HealthCare, African Outreach and Beaumaris Baptist Church and it has been great working with these partners again. The project progressed very smoothly this year.

If the customs duty is close to our budgeted figure, the project cost will be \$18,000 for two containers. Cosmos HC still needs to raise \$2800 to pay our portion of the project's costs.

## New Staff in India

We are pleased to announce that BBCM our partner organisation in India recently appointed Mr Augustine to the new position of "Coordinator for Social Concern Projects." He is highly regarded and well qualified, having many years experience with World Vision. Most recently he successfully worked in the post-tsunami Andaman region.

Having a dedicated liaison person will help to more effectively advance our work in India. The Lord has answered our prayers after many years!

## Website and Facebook!

We are blessed to have two volunteers, Karina Caldwell and Cathy Weaver who have been busy upgrading our website and building a new Facebook page.

You will notice many dynamic changes on both these sites in the coming months.

We hope the changes expand our profile. Have a look at what's new! Visit [www.cosmoshealth.org](http://www.cosmoshealth.org) or search for Cosmos HealthCare on Facebook.

## ZIMBABWE MEDICAL TEAM

**3rd-22nd JUNE, 2010**

**We are urgently seeking two doctors to join this volunteer team to Zimbabwe.**

**We hope to finalize all positions on this team by mid-March. If you are interested please contact Jason on 9474 6779**



Top and middle: Volunteers packing hundreds of boxes into the sea containers. Bottom: The containers on their way from our storage site in Wandi to Fremantle Port.

## CHE Thailand conference

Jason will be attending a Community Health and Evangelism (CHE) Regional Networking conference in Chiang Mai during the first week of March.

This is a great opportunity for him to link with key people actually implementing CHE projects all over SE Asia. These links will be vital as we plan to build CHE effectively into our existing work in Kandili.

## Extended Care update

Thank you to everyone who gave donations to support patient treatments. When we have details about the progress of your sponsored patient, we will send you a personal update.

Our initial fundraising target was \$50,000; this was an estimate of treatment costs for all of the 54 patients we had selected. In December, after our patient sponsorship appeal, we raised approx \$30,000. We were wondering where the rest of the money would come from, in faith believing that we would raise what was needed.

In January we had some initial reports from Kandili regarding the progress of patients through this Program. Of the 54 patients initially selected, 17 declined further investigations, 29 have already received treatment and 8 are still awaiting their appointment dates.

When we took these 17 patients from our initial costings we were amazed to find that updated target is just short of \$30,000. The Lord (through your generosity) is providing exactly for our needs; no more and no less. What an awesome God we serve!



CHE- educating the next generation , access to clean water, preventative health education, self sufficiency skills.

## March India Trip

On March 26th our Medical Director Dr John Edwards will travel with his young daughter to Kandili for a short visit to encourage and assist our Kandili staff. He will also visit a new partner hospital.

We are investigating the viability of sending small teams (one or two people) to our project sites in the future.



## Volunteers needed @ Cosmos HealthCare

1. Admin Assistant - approx 1-2 days per week
2. Audiovisual developer (DVD and PowerPoint)

If you more info please send an email to [jobs@cosmoshealth.org](mailto:jobs@cosmoshealth.org) or call Jason on 94746779.

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